

Small Group Discussion Questions

Series: Anxiety

Speaker: Jay Haugh

Message: Fear & Anxiety Speak

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Memory Verse: Luke 12:32 NIV

Do not be afraid, little flock, for your Father has been pleased to give you the kingdom.

The goal of these questions is to foster meaningful discussion and to encourage participants to reflect on God's Word to lead to heart transformation. Feel free to modify or expand upon these questions based on the dynamics and needs of your Small Group.

Big Idea: Fear speaks to what we value and treasure, but fear is meant to point us to God.

Read Luke 12:32

1. How do you define fear in your own life? Can you relate to the concept of fear being a treasure under siege? What are some things in your life that you treasure, and how does fear manifest when those things are threatened?
2. One of the most often repeated commands in the Bible is not to be afraid. Why do you think this is such a common command in Scripture? Whether often over big issues or infrequently over minor things, how have you experienced fear or anxiety within the last three months? Why do you think this is such a common issue with humanity?
3. In what ways has fear or anxiety tried to take control, and how have you responded to it? Have you ever memorized a Bible verse and meditated on its truth for comfort? If so, which one and why?



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4. What does the description of Christians as sheep convey? How does this imagery of sheep being dependent on a provider (God) resonate with you? Does framing our relationship with God as a shepherd who takes care of His sheep help you in difficult times? What are some areas in your life where you struggle to trust God's provision and guidance as a shepherd?
5. Understanding that not everyone has had a great earthly father, what does it mean to you personally that God is your Father? Think about the characteristics of a loving father. How does God display these characteristics in your life? How can we cultivate a more childlike attitude of trust and obedience toward God?
6. This verse communicates that God is a Shepherd, Father and King. As King He is sovereign over the entire universe and there is no place He does not have dominion and authority. Knowing God's sovereignty, how can you cultivate greater trust in His plan and find joy in obedience? As citizens of God's Kingdom, what unique gifts and talents can you contribute to building His Kingdom here on earth?
7. Sometimes strong emotions can cloud our judgment. What are some practices that can help us become more discerning in hearing God's voice? Reflect on a current fear or anxiety in your life. How can you invite God into that situation?
8. When our feelings conflict with God's communication (or revelation), we need to lean not on our own understanding but submit to Him because He will make our paths straight (Proverbs 3:5-6). Share a time when your feelings contradicted what you believed about God and His revealed truth. How did you navigate that situation? How can we differentiate between our own desires and what God truly wants for us?



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