

Resolved

ABOVE ALL GUARDING

Proverbs 4:23

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BIG IDEA:

Above all else, guard your heart, for everything you do flows from it.

STUDY GUIDE QUESTIONS

- ◆ Where did God get your attention during the sermon?

- ◆ What do you guard most fiercely? How does your level of guarding your heart compare with what you guard most closely?

- ◆ In Solomon's understanding, the heart was the center of the intellect, emotion, and will. Given that definition of "heart," how does it change your perspective of guarding your heart, knowing we have enemies who want to corrupt, wound, and if possible, destroy our heart?

- ◆ In the sermon, two important ways we guard our heart were shared: Building a wall of protection (truth) and digging a moat (avoiding what hinders). Which of these comes more naturally for you? What do you do that's effective in guarding your heart? Which is more challenging? Why is it challenging?

- ◆ Our heart is essential to living out the purposes for which God created us. The three primary purposes are: Communion with God; Reflecting His holiness to the world; and building His kingdom. Which one do you tend to forget about? Is there a heart-related issue causing you to forget about that purpose for your life?

- ◆ When we sin through commission (doing sin) or omission (not doing what is righteous) we must confess that sin to restore fellowship and closeness with God and people. Is there an area of your life, or collectively as a group, that the Holy Spirit is prompting you to confess?

- ◆ What do you need to begin doing or stop doing to guard your heart?