

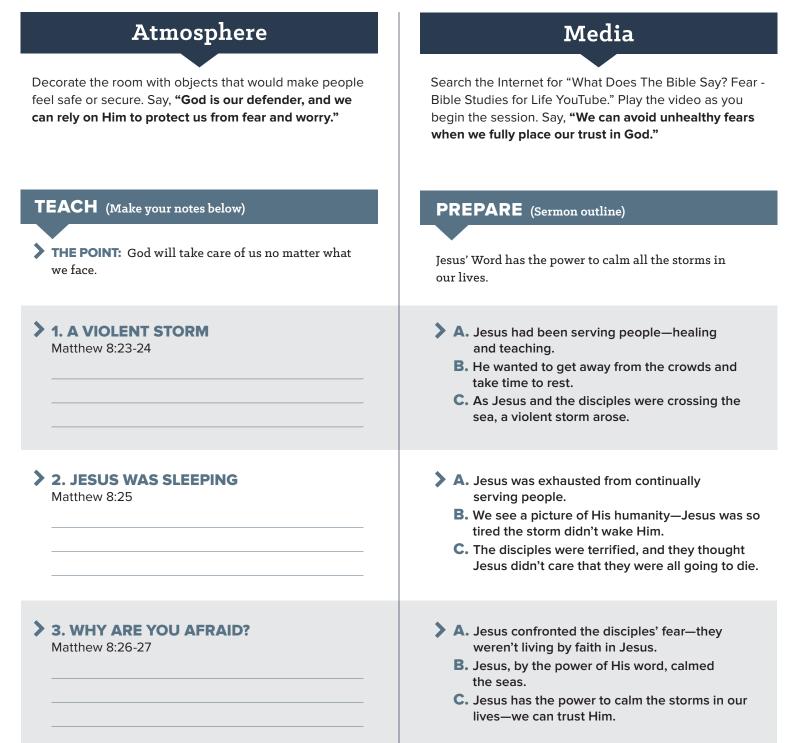
Unit 1 // Session 2

REAL LIFE EMOTIONS Shaking Off Fear // Matthew 8:23-27

THE POINT: God will take care of us no matter what we face.

OVERVIEW: Fear can be healthy; it can keep us from dangerous situations. And the Bible calls us to fear God and possess a reverential awe of Him. But we experience other times when we're afraid and we shouldn't be. Those fears can paralyze and keep us from moving forward or living the life to which God calls us. In Psalm 91, the psalmist reminds us that walking in the fear of God means we can trust Him with all our other fears.

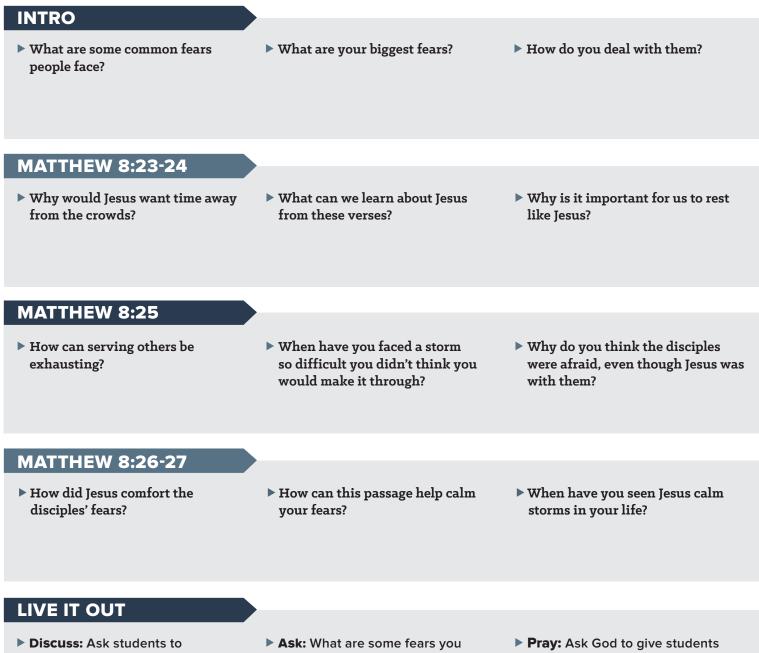
DIRECTIONS: As you begin your event, consider using the following engage options before starting the message.





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DIRECTIONS: Use the following outline as a guide for a message based on the passages from this session of Bible Studies for Life: Students. Additionally, use the suggested illustrations and activities to customize your midweek event.



- Discuss: Ask students to briefly discuss ideas that may have challenged them during the session.
- Ask: What are some fears you struggle with that Jesus can help you overcome?
- Pray: Ask God to give students courage and to know that there is no reason to fear since God is in control.