

## BIBLE STUDIES FOR LIFE®

### WINTER 2020-21

Unit 2, Session 1

#### CONNECTION POINT:

Growth in Christ occurs when we practice spiritual disciplines.

#### THE BIBLE MEETS

**LIFE:** People will discipline themselves to cut back their spending and save if there is something they especially want or need. An athlete will practice incredible discipline and train hard if he wants to make the Olympic team. In both cases, there is a benefit—a reward—that awaits them. It can be tempting just to coast through life, but believers who practice spiritual disciplines discover a great benefit for their efforts: godliness.

**LIVE IT OUT:** Your student has been encouraged to take practical steps to take his or her faith and Live It Out.

# FAMILY CONNECTION

Use these discussion starters to help foster a spiritual conversation with your family.

## PRESCHOOL

**Scripture:** Acts 9:1-25

**Live It Out:** Briefly review the Bible story. Give your child paper with the Weekly Verse printed on it. Allow her to decorate it with markers, crayons, and stickers.

Saul wanted to hurt people who loved and obeyed Jesus.

Saul was traveling on a road. He saw a bright light and fell to the ground. He heard Jesus' voice saying, "Saul, why do you hurt me?" The voice told Saul to get up and go to Damascus. When he got up, Saul could not see.

For three days Saul could not see. A man named Ananias came and placed his hands on Saul. At once Saul was able to see.

Saul began telling people that Jesus was God's Son. The people who heard Saul knew what he had done and were afraid of him. But Saul kept telling people about Jesus.

Saul heard that some people wanted to hurt him. Saul's friends put him in a large basket and lowered him through an opening in the city wall.

## KIDS

**Scripture:** Acts 9:1-25

**Live It Out:** Talk how Saul changed when he met Jesus. If your child is a Christian, ask him to think about changes in his life. Pray that your child will continue to grow in Jesus.

As Saul was traveling to Damascus, a light flashed around him. He heard a voice calling, "Saul, Saul, why are you persecuting me?"

"Who are You, Lord?" Saul asked. "I am Jesus, the One you are hurting." Then Jesus told Saul to get up and go into the city. The men led Saul into the city. Saul was blind.

Ananias went to Saul and placed his hands on him. Something like scales fell from Saul's eyes. He could see again!

Saul was baptized. Right away, Saul began preaching about Jesus in the synagogues. Everyone who heard him couldn't believe it.

Saul heard of a plan to kill him. Saul's friends lowered Saul in a basket through an opening in the wall.

## STUDENTS

**Scripture:** 1 Timothy 4:1-10

- What are some examples of good things that have been distorted by our culture?
- What things does our culture value or teach that go against God's truth?
- What are the challenges and benefits of training ourselves in godliness?

**Live It Out:** Studying Scripture and spending time in prayer are absolutely essential to our relationship with God. It is just as important that we steward well the resources God has entrusted to us, spend time in community, serve the church, share the gospel, and live our lives as an expression of worship to God. We are called to grow in spiritual maturity, and our growing to be like Jesus depends on our living disciplined lives.

Challenge your student to a race to see who can list the most words to describe the way Jesus lived on earth. Look over your lists, and consider which words you could apply to your own life. Which words do you need to work on to become more like Christ?