## **Contents**

General Information	2
2021 Theme Info	3
How to prepare for Overnight Camp	4
Dropoff and Pickup	6
While your kiddo is at camp	7
Emergencies	8
Overnight Camp Packing List	9
COVID-19	10

## Parent Info 2021

### General Information

#### WHY CAMP

Camp is all about relationships because the heart of God is relational. Inside relationship is where we are known and allow others to know us. It is also where we let down our walls and build trust. We believe the good news about Jesus Christ's love for us is best shared inside relationships. Camp gives a unique environment for your kiddos to build relationships and hear this great news.

We want kids to know and grow in 4 areas during their time at camp.

1st: Know Jesus more and Grow in their relationship with Him

2nd: Know their peers more and Grow those relationships

3rd: Know the grown-ups of NCBC and Grow relationships with them

4th: Grow in their abilities

### AGE GROUPINGS

Overnight Camp is for children who have completed 1st Grade through 5th Grade.

### CABIN GROUPS

### **Overnight Camp Cabins**

- Each cabin is designated by a color and number
- Cabins are made up of 6-10 campers of the same sex and similar age.
- Each group is led by 1 Adult Counselor (18+) and at least 1 Junior Counselor (8th grade+).
- Each camper can choose one buddy to have in his or her group.

### 2021 Theme Info

### Theme: Rescue

#### Definitions:

- To save from a dangerous situation
- The act of being pulled from distress

This summer we will take kids from wherever they are to what God has next for them. They will reenter the world ready to embrace the unique ways God has designed them and throw off everything that hinders so they can love and serve others well.

#### Verse: Exodus 14:13

"The Lord will fight for you; you need only to be still.""

### Speaker: Marissa Bushlack

Marissa is a student at John Brown University in Arkansas. She has been an active member of the NCBC family and servant in the New Covenant Kid's Ministry for many years.

## How to prepare for Overnight Camp

#### WHAT TO PACK

A list of what to send with your camper can be found at the end of this packet.

### WHAT TO TALK ABOUT

The best way for your kiddo to be excited about camp is for you to be excited about it! We know it can be rough having your child stay overnight without you. Please know we are prepared and excited for this time with them and they will have a blast! It is best if you do not make any promises to your child about calling home or coming to get them.

Conversations with your child about what's to come are always a great idea. Here are a few suggestions to start these conversations

- What are you most excited about doing at camp?
- What are you most nervous about?
- What do you think the role of your counselor is at camp? Is there a leader from church you hope to see at camp? Tell me about a counselor you remember from last year?
- How will you remember or learn the names of all the kids in your cabin?
- What if there is a kid you don't like in your cabin?
- What might be hard about being at camp?

#### WHAT TO EXPECT

#### What does my child's day look like?

We have set up your child's day into four sections: Prepare, Work, Rest & Community.

We wake up each day at 7:00 a.m. to prepare for our day. They will eat breakfast, work on a devo book and get ready.

The work your child does at camp is relational – learning about God through his word and learning about themselves as they interact in their cabin groups.

We rest by making choices for free time activities like playing basketball, going swimming, learning to canoe, playing miniature golf.

Then we participate in community by worshiping together, hearing God's word taught, playing large group games, and having a talent show.

We head back to our cabins for the night around 9:00 p.m.

### My kiddo takes meds. What do I do with those?

Bring these in the original container labeled with your child's name. At registration you will check in with the nurse to fill out a medical form with all the dosing information. The nurse will keep all meds and distribute them at the times you have designated throughout the day.

### What will they eat while at camp?

A menu for each day will be sent out in an email about a month before camp. If your child has dietary restrictions, you will need to provide a similar alternative menu item. Please pack these individually labeled with your child's name, what meal it goes with and what it replaces. (ex. Sally Jones, Day 2 Lunch, gluten free bun for sandwich) At registration you will check in with the kitchen team to deliver your food and share details.

### Can my kiddo bring snacks to camp?

We will provide all the food for your campers. Twice during the day, we will open a snack area – once during free time and once in the evening. While it is open campers will be able to purchase snacks and drinks. At registration you will add money to a snack account for your camper. The Camp Leadership Team will keep track of your campers purchase and deduct amounts from their account. We think \$10 will allow plenty of options for your child while at camp. Please know our desire is not to make money from this, but to cover the cost of allowing your child to make fun snack choices during the day. Prices will range between \$.50 - \$2.00 and include things like fruit, nachos, ice cream treats, or Gatorade.

## Dropoff and Pickup

### **Arriving**

We are meeting at Eastern Iowa Bible camp and parents are responsible for getting their child to and from camp.

### Check-in 2:30-3:30 p.m.

Upon arriving to EIBC, you will be directed to registration where you will make 3 stops.

1) Registration Table – check all personal info and deliver bags. 2) Nurse – check in all meds 3) Kitchen – check in all special foods

### Saying goodbye

Our rec team will be leading games and activities alongside our counselor teams. Plan to leave your kiddo after registration to begin bonding and having a blast with their cabin. **3:45pm** will begin our camper welcome, therefore we ask that you give yourself enough time for your child to be checked in and with their cabin group by 3:30pm.

### Picking up

We ask that you pick your child(ren) up at Eastern Iowa Bible Camp at 11am Wednesday (for session 1) or Saturday (for session 2). In order to pick up your child you will need to sign them out with the Sr. Counselor. Then collect their meds, leftover food, and luggage.

### While your kiddo is at camp

SO, MY KIDDO IS AT CAMP.... WHAT SHOULD I DO?

### **Pray for them**

For what God is going to do in their lives in this short amount of time

For the relationships inside their cabin groups

For their Counselors

For safety and unity

### **Enjoy yourself**

Do something fun because your kids certainly are! Go on a lunch or dinner date with your spouse or a friend. Spend special one on one time with kiddos still at home with you.

### Watch you email

We will send picture updates each day. Take time to look through those to find your child and to see what's going on each day.

We will also be sending parent content that corresponds with what your camper is doing. Please know this is an amazing time for your child. They will be learning about who God is and who God says they are. God is going to use this time to grow, teach and change them. He has uniquely created them for something specific and powerful, not when they are grownups but for right now. They will be challenged to go home and live out what they learned. Be ready for this!

### Emergencies

The Camp Leader Team is prepared to respond to a variety of emergency scenarios. We will contact parents in the event of an emergency as quickly and safely as we can.

We will always contact both parents first. We ask for an additional contact person in the unlikely case that we can't get ahold of you.

If your family has an emergency and needs to get in touch with your camper, please call the numbers listed below.

\*\*Cell and internet service are not always reliable

### **Camp Program Lead**

Melany Forbes: (515) 491-3316

### East Iowa Bible Camp:

1433 F52 Trail—Deep River, IA—52222

Tel: (319) 655-7693

http://www.loveeibc.com

## Overnight Camp Packing List

### Bring these to camp

- · Clothing for hot days and cool nights
- Tennis shoes (flip-flops are only for trips to and from water activities)
- Swimwear
- Towel (with your name on it)
- Bible
- Pillow
- Sleeping bag
- Personal toiletries
- Insect repellant
- Flashlight
- Sharpie marker for signing shirts
- Large plastic bag for dirty clothes
- Large plastic bag for anything wet
- Favorite stuffed toy
- Life jacket or arm floats for weak swimmers

#### Leave these at home

- Anything fragile
- Anything valuable
- Anything irreplaceable
- Electronics and phones

### COVID-19

- Your child's safety is our number one priority and we are determined to create a safe environment for all of the families participating in New Covenant's Kids Camp this summer.
- As of this time, we are unsure of the specific guidelines regarding COVID-19, and updates will be sent through email as they become available. We thank you for your patience.
- If you have any questions regarding COVID, one of our team members will be happy to answer as much as they can at the camp table before/after both church services at New Covenant.