

To submit your registration:

1. Download and fill out this editable pdf. Save and send it as an attachment to: ncbcmops@gmail.com

-OR-

2. Mail to:
MOPS Co-Coordinators
 3090 N Center Point Rd
 Cedar Rapids, IA 52411

Questions? Feel free to email ncbcmops@gmail.com

_____ Last Name, Preferred First Name

_____ Street Address

_____ City _____ Zip Code

_____ Cell Phone (used to page during meetings for childcare needs)

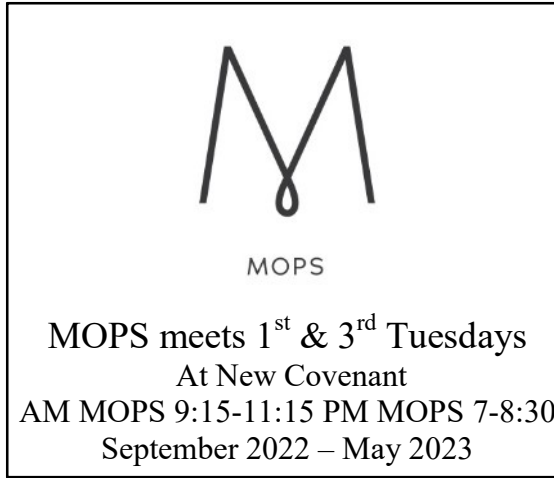
_____ Birthday (Month/ Day)

_____ E-mail Address

_____ # of years in MOPS _____ Referred to MOPS by:

_____ Married/Single _____ Husband's Name

_____ Do you attend a church? _____ If so, church name:



PM meetings do not have childcare

Circle the meeting that you want to attend:
 AM PM

Volunteer Recommendations

Please list name(s) of people you think might enjoy working with the children in MOPS Kids. (Homeschool kids, neighbors, in-town grandparents, friends from your church, etc.)

_____ Name _____ Phone/email

_____ Name _____ Phone/email

NOTE: In order to meet our MOPS Kids care needs, we request every mom to volunteer in MOPS Kids during one meeting each year.

Name (first/last) _____

Please list all your children and mark a Y if they will need childcare (this includes children you babysit) and N for those that will be in school or not needing childcare. Please list your approximate due date if expecting.

_____ First Name _____ Birth date _____ Childcare Y/N

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_____ First Name _____ Birth date _____ Childcare Y/N

Office Use Only	
Date Received	_____
Placement Date	_____
Table Name	_____

PLEASE FILL OUT BACK →

Committee Sign-up

Committees are a great opportunity to get to know other moms with similar interests and to serve.

Preferred name _____

Phone Number _____

Instructions:

- Choose 2 committees that are of interest to you. Listed below the committee names are examples of mom sized tasks you may be asked to help with and can bring your children.
- Mark the box next to the committee names with a 1 or a 2, in order of preference.

HOSPITALITY

- Assist with set up on MOPS mornings on a rotating schedule
- Assist with clean-up after meetings on rotating schedule
- Help with Christmas and Spring Brunch

FINANCE

- Mark attendance & collect money on MOPS mornings prior to meeting

MOPS Kids

- Prepare MOPS Kids crafts on workday (once a semester)
- Prep crafts from home

COMMUNICATION

- Write articles for Facebook
- Help create/donate new baby and pregnancy gifts.
- Help run the soundboard, lights and slides during the meetings.
- Assist in connecting on Facebook
- Create PowerPoint slides for the meetings

CHILDCARE

- Help with childcare for the September 6th **or** 13th workdays.
- Have a childcare playdate at church during leadership meetings

CREATIVE ACTIVITIES

- Take home and prep craft
- Quick clean up after MOPS
- Help set-up/clean-up for craft sales 2x a year.
- Quick set up before MOPS
- Occasional work nights

BRUNCHES

(Please choose a specific task for this area.)

- ___ Help with Skit.
- ___ Sing for a MOPS meeting or brunch.
- ___ Play an instrument.
- ___ Wash table cloths.
- ___ Set up Monday night before brunch.

Please Note: Childcare is provided for most committee meetings.