



MOPS

MOPS meets 1st & 3rd Tuesdays
9:15 – 11:15 a.m.
September 2018 - May 2019

Last Name Preferred First Name

Street Address

City Zip Code

Phone Birthday (Month/ Day)

E-mail Address

of years in MOPS Referred to MOPS by

Married/Single Husband's Name

Do you attend a church? If so, church name:

____ Please check here if you **DO NOT** want your information
printed in the MOPS Directory.

Office Use Only

Date Received _____

Placement Date _____

Table Name _____

MOPS Kids REGISTRATION

Children from infancy through their kindergarten year of school are eligible for the MOPS Kids program. (This includes children you babysit.) Please list your approximate due date, if expecting.

Last Name Preferred First Name Birth date

Last Name Preferred First Name Birth date

Last Name Preferred First Name Birth date

Last Name Preferred First Name Birth date

Last Name Preferred First Name Birth date

Phone number where you can be paged during MOPS meetings.

NOTE: In order to meet our MOPS Kids care needs, we request every mom to help in MOPS Kids during one meeting each year.

Please list name(s) of people you think might enjoy working with the children in MOPS Kids. (In-town grandparents, friends from your church, etc.)

Name Phone

Name Phone

Please list all your children that will **NOT** be participating in the **MOPS Kids PROGRAM** because they will be in preschool, kindergarten, or are older in age.

Last Name First Name Birth date

Last Name First Name Birth date

Last Name First Name Birth date

Last Name First Name Birth date

Last Name First Name Birth date

To submit your registration:

1. Download and fill out this editable pdf and send it as an attachment to [ncbcmops@gmail.com](mailto:nbcmops@gmail.com)

-OR-

2. Mail to:

MOPS Co-Coordinator
3090 N Center Point Rd
Cedar Rapids, IA 52411

Questions? Feel free to email [ncbcmops@gmail.com](mailto:nbcmops@gmail.com)

PLEASE FILL OUT BACK →

Committee Sign-up

Committees are a great opportunity to get to know other moms with similar interests and to serve.

Preferred name _____

Phone Number _____

Instructions:

*Choose 2 committees that are of interest to you.

*Mark the box next to the committee names with a 1 or a 2, in order of preference. Listed below the names are descriptions of the “mom sized” jobs that each group performs.

HOSPITALITY

TABLE SET-UP

- Meets the Monday before MOPS for about 30 minutes on a rotation.
- Available to set up on MOPS mornings.
- Assist with kitchen clean-up after each meeting.
- Wash 2 table cloths after each meeting.

CHILDCARE

- Help with childcare for the September 4th or 11th workdays
- Help with childcare one time per month on the 2nd Tuesday of each month from 9:00-11:15 am for the DGL meetings.

MOPS Kids

- Prepare MOPS Kids crafts (one time commitment).
- Develop and make volunteer appreciation gifts.
- Track birthdays and send cards to MOPS Kids volunteers.

PUBLICITY

- Write articles for the newsletter.
- Help create/donate new baby and pregnancy gifts.
- Help run the soundboard and slides during the meetings.

FINANCE

- Mark attendance & collect money on MOPS mornings.
- MUST be available by 9:00am on MOPS mornings.

CREATIVE ACTIVITIES

- Create examples & help set-up on the Monday evening before MOPS.
- Quick clean up after MOPS.
- Help set-up/clean-up for craft sales 2x a year.

BRUNCHES

(Please choose a specific task for this area.)

- Help with Skits.
- Sing for a MOPS meeting or brunch.
- Play an instrument.
- Wash table cloths.
- Set up Monday before brunch.

Please Note: Childcare is provided for most committee meetings